The patient tolerated this procedure well; she was weaned from mechanical ventilation the following day and discharged from the hospital 10 days later.

Foreign body (FB) aspiration is a common problem necessitating prompt recognition and early treatment to minimize the potentially serious and sometimes fatal consequences.1 Aspiration of a very large FB can constitute a technical problem, since its extraction may require an invasive procedure, such as rigid bronchoscopy, tracheotomy or thoracotomy, especially in an intubated patient. The use of a flexible bronchoscope decreases the risks associated with those procedures2,3 and has a high success rate (89.6%) in the extraction of FBs; thus, it should normally be considered as the initial approach. There are certain situations, however, in which a rigid bronchoscope should be considered, for example, with FBs that are impacted in extensive granulation tissue or excessive tissue scarring, asphyxiating FBs, FBs that cannot be gripped with flexible forceps as a consequence of their large size, sharpness and smooth margins, as well as failed attempts with a flexible one. In these cases, rigid bronchoscopy remains the procedure of choice.4 Nevertheless, in our case due to the patient’s condition, and even though the FB was very large, we decided to begin immediately with a flexible bronchoscope.

Bronchoscopic procedures are not commonly performed in unstable patients, especially immediately following myocardial infarction, as it can result in fatal consequences. Pre-procedural planning is required and should include the whole care team: the bronchoscopist, assistants, nurses and anesthesiologist. Planning should involve discussion of the FB’s characteristics, location, and the patient’s comorbidities. Proper ventilation must be arranged for during the procedure, and a back-up plan developed to account for the potential that the foreign body may become lodged within the retro pharynx and completely occlude the airway.5 This scenario is more common when the FB is very large. In this case, the FB was indeed very large; however, the patient was also unstable, and so the normal pre-planning process was impossible and immediate action was required.

We describe the technique we used to successfully remove a large dental prosthesis in a mechanically ventilated patient, by extracting the FB with the endotracheal tube followed by an immediate re-intubation. Case reports on extractions of very large FBs are scarce. Sampan-Singh et al.6 described extraction of a 3-unit dental prosthesis via direct laryngoscopy and tracheotomy. Tu et al.7 described an approach using wire loop snare together with a flexible bronchoscope for the removal of a 4-unit dental prosthesis. Our patient aspirated a 7-unit dental prosthesis, which we believe represents the largest reported FB extraction by flexible bronchoscopy.

This case represents an emergent exceptional approach of extracting large foreign bodies from the tracheobronchial tree in an unstable patient, with relatively minimal temporary compromise of the airway, using only a flexible bronchoscope. The advantages of flexible over rigid bronchoscopes have been described; they provide applicable, cost-effective, safer and faster method of extraction of FBs, and thus should be considered first in experienced hands, even in cases in which rigid bronchoscopy is apparently indicated. Although reports on FB extraction are common, our case, which describes the removal of a very large prosthetic from the bronchial tree in a high-risk patient, is unique.

References

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Ischaemic Heart Disease Induced by Intralobar Pulmonary Sequestration

Isquemia miocárdica inducida por secuestro pulmonar intralobar

Dear Editor,

Pulmonary sequestration (PS) represents a rare congenital malformation (0.15–6.45% of all pulmonary malformations) usually supplied by a systemic artery, frequently merging from the aorta or one of its branches.1 Vascularization originating from the coronary circulation is extremely rare with less than 20 cases reported – mostly intralobar sequestrations (presence of independent visceral pleural encasing) supplied either by the right coronary or circumflex artery. Diagnosis can be incidental (e.g. abnormal density on chest radiograph) or in the context of ischemic heart disease due to a coronary steal effect, although arrhythmia has also been described.2–5

A 68-year-old male with exertion-related chest pain and a recent cardiac stress test suggestive of ischemia (but no confirmation on myocardial scintigraphy), presented in the Emergency Department with a 3-day epigastric pain irradiating to the left hemithorax associated with nausea and dizziness. No remarkable alterations were found on physical examination. The electrocardiogram revealed a sinus rhythm with a slight ST segment depression (<1 mm V3–V5); serial measurements of high-sensitivity troponin I were elevated (until T12 with a maximum 2825 ng/L). Considering the severe thoracic pain and the difference in blood pressure readings between both arms a thoracic CT-angiography was performed to exclude aortic dissection or pulmonary embolism [despite the stronger possibility of a myocardial infarction (MI)] – a left untreated.