References


An Unusual Occupant of the Pulmonary Artery

Un ocupante insólito de la arteria pulmonar

To the Editor:

A hydatid cyst in the pulmonary arteries is a very rare presentation of hydatid disease that has been published on a very few occasions. In most cases, it is caused by rupture and embolization of a cardiac cyst1 or hematogenous dissemination from a hepatic focus.2 We report the case of a patient with hydatid cysts in the right lung and pulmonary artery, with no previous history of cardiac or hepatic hydatid disease.

This was a 56-year-old man with no substance abuse or significant medical history who consulted his primary care physician due to a 2-week history of bloody expectoration accompanied by right chest pain. The chest radiograph revealed a polylobulated mass in the right lower lobe with hilar thickening, initially suggestive of lung cancer. Chest computed tomography showed a mass measuring 11 × 8.8 cm in the right lower lobe with hypodense areas suggestive of cysts. The mass showed a 10 cm contact with pleural surface, extending with peribronchovascular distribution toward the hilar region. Multiple nodular images of similar characteristics measuring up to 4.5 cm were seen inside the artery. Radiological findings were suggestive of pulmonary hydatidosis with invasion of the right lower lobe artery (Fig. 1A–C).

After serological confirmation of Echinococcus granulosus infection, the case was presented before the multidisciplinary committee, and the decision was taken to start antiparasitic treatment with albendazole (400 mg/12 h) and praziquantel (1800 mg/12 h), with follow-up CT for evaluating treatment response and subsequent surgical resection.

After 6 weeks of antiparasitic treatment, the radiological findings showed little reduction in mass size and persisting internal cavitated areas, along with significant neovascularization originating in the thoracic artery via the bronchial arteries, and in the celiac trunk, via the arteries of the diaphragm. The patient’s lung function test results were within normal limits.

Surgical resection was performed, and antiparasitic treatment continued throughout the peri-operative period. Intraoperative findings included hepatization of the lower right lobe, significant vascularization originating in the bronchial arteries, and increased caliber of the right lower lobe artery. After control and clamping of the right pulmonary artery at the extrapulmonary origin, arteriometry was performed at the lower lobe branch, and the intravascular hydatid cysts were extracted (Fig. 1D). The proximal lumen of the pulmonary artery was aspirated to the level of the clamp. Given the significant peri-hilar inflammatory reaction, the proximal intermediate bronchus could not be resected, so a middle-lower bilobectomy was performed.

The only post-operative complication presented by the patient was prolonged air leak. He was discharged on day 8 after surgery, and referred to the infectious diseases department for follow-up and control of his medical treatment.

Hydatidosis is a parasitic infection caused by the larval forms of Echinococcus granulosus. The most commonly affected organs

are the liver (70%) and the lungs (25%). About 10%–15% of the embryos can spread to other organs via the systemic circulation, including the chambers of the heart, interventricular septum and pericardium (0.02%–2%). The pulmonary arteries are an exceptionally rare site of involvement. In our case, the hydatid cyst was located at the level of the right lower lobe, within the right lower lobe artery, presumably due to the parasite implanting in the arterial lumen after crossing the wall through small lesions in the intima, aneurysms, or via the feeder vessels.

A hydatid cyst located within the pulmonary artery is associated with high mortality rates due to secondary dissemination, embolization, or anaphylactic shock after rupture. Hydatid cysts are known to grow 2–3 cm/year. Within vessels, cysts grow slowly inside the lumen until it is obstructed. In pulmonary arteries, this process may be sufficiently slow to allow pulmonary perfusion to be adequately established via the bronchial arteries or other collateral branches. This explains why patients may be initially asymptomatic, and why our patient had no signs of occlusion despite total occlusion of the right lower lobe artery.

The differential diagnosis of hydatid cysts in the pulmonary artery should include pulmonary thromboembolism (fat, amniotic fluid, septic emboli, exogenous material) and primary tumors of the pulmonary artery, such as sarcomas.

Due to the high risk of cyst rupture and anaphylactic shock, surgery should be performed as soon as possible after diagnosis. The extraction of endovascular cysts even in asymptomatic patients is recommended. As this form of hydatidosis is so rare, no standardized surgical techniques have been described, so treatment must be individualized. The approach will depend on the adherence of the hydatid cyst to the arterial wall and its anatomical location. Surgical treatment must focus on preventing cyst rupture and migration, which may have fatal consequences, such as secondary dissemination, embolism, anaphylactic shock, and the formation of pseudoaneurysms. In our case, we clamped the right pulmonary artery to avoid such complications. Unilateral obstruction of the pulmonary artery can be successfully treated with arteriotomy and cyst resection with or without lung resection, or with pulmonary endarterectomy. In situations of concomitant pulmonary and arterial involvement, a 2-stage surgical intervention can be considered: first, resection of the intra-arterial hydatid cyst, followed by cystectomy or lung resection.

Recommended treatment of intra-arterial hydatidosis is surgical intervention followed by complementary medical treatment. CT follow-up is indicated to detect possible recurrences or development of pseudoaneurysms.

References

Chylothorax in a Patient Receiving Hemodialysis

Quilotórax en el paciente en hemodiálisis

To the Editor:

We report the case of an 84-year-old woman, with a history of arterial hypertension, type 2 diabetes, diabetic nephropathy treated with dialysis via a right jugular vein catheter (thrombosed 3 months before admission), and spinal stenosis (L4–L5). She was referred to the emergency department when she reported cough during a hemodialysis session, and pulmonary auscultation revealed diminished breath sounds in the lower half of the right hemithorax. She did not have fever or dyspnea. In the days before admission, she had received amoxicillin/clavulanate for a possible urinary infection. Physical examination showed arteriovenous fistula for hemodialysis access in the left forearm, rhythmic heart sounds with a grade III/IV systolic murmur in the mitral valve, and diminished breath sounds in the right lung base. Complete blood count and biochemistry results were normal, except for proBNP 1750 and triglycerides 99 mm/dl. Chest radiography revealed pleural effusion in the lower third of the right hemithorax, thickening of the minor fissure, and catheter in the right jugular vein. A diagnostic thoracentesis was performed, obtaining milky fluid with pH 7.30, ADA 21 U/l, LDH 119 U/l, glucose 214 mg/dl, total proteins 4.1 g/dl, cholesterol 94 mg/dl, and triglycerides 870 mg/dl. Cytology was negative for malignancy. Chest CT findings included large right pleural effusion, passive atelectasis of the right lung with mediastinal shift, large collateral circulation in the right hemithorax through the azygos/hemiazygos system, and superior vena cava stenosis with a right jugular vein catheter (Fig. 1). The central jugular catheter was removed under fluoroscopic control, and replaced by a femoral catheter. Before chylothorax was diagnosed, a pleural drain was placed, which collected 1800 ml. Chest radiograph on discharge showed complete resolution of the pleural effusion, which did not relapse during follow-up.

Patients receiving hemodialysis may develop pleural effusion for diverse reasons. Some may be exudates in the setting of infections, cancers, uremic pleuritis, and hemothorax, but most are transudates caused by volume overload or changes in venous drainage. Chylothorax, on the other hand, is rare.1 In the case of our patient, thrombosis of the central jugular vein catheter led to the appearance of stenosis/obstruction of the superior vena cava, obstructing lymphatic drainage and promoting the formation of chylothorax.

In short, chylothorax is a rarely documented cause of effusion in patients undergoing hemodialysis,2 and requires an appropriate clinical suspicion and a specific therapeutic approach, including withdrawal of the hemodialysis catheter.3

References


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Fig. 1. Right pleural effusion. Catheter in superior vena cava.

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