Acute Respiratory Failure Immediately Following Surgery for Morbid Obesity

Félix del Campo Matías, Julio de Frutos Arribas, and Ana Sánchez Fernández
Servicio de Neumología, Hospital Universitario del Río Hortega, Valladolid, Spain

Introduction

Surgery and anesthesia can both lead to impaired lung function, and abnormal gas exchange and respiratory mechanics, which in turn lead to respiratory complications. Patients with sleep apnea-hypopnea syndrome (SAHS) may present more perioperative complications than the general population. Surgical risk has long been underestimated for these patients, however, probably due to poor understanding of the disease. Perioperative complications may be due to multiple factors, including collapse of the upper airway, difficult intubation, chronic lack of sleep, type of surgery and anesthesia, and other associated diseases. Obesity is very common in SAHS and more than 50% of morbidly obese patients who are assessed for bariatric surgery suffer from moderate to severe SAHS, which is often not diagnosed. Given the surgical complications that SAHS patients undergoing bariatric surgery may present, some authors recommend systematically performing polysomnography as part of preoperative assessment.

Key words: Sleep apnea syndrome. Anesthesia. Surgery

Case Description

We report the case of a morbidity obese patient who presented acute hypercapnic respiratory failure immediately after bariatric surgery. The condition responded well to nasal positive airway pressure and the diagnosis of SAHS was subsequently confirmed.

We report the case of a morbidly obese patient who presented acute hypercapnic respiratory failure immediately after bariatric surgery. The condition responded well to nasal positive airway pressure and the diagnosis of SAHS was subsequently confirmed.

Correspondence: Dr. F. del Campo Matías
Servicio de Neumología, Hospital Universitario Río Hortega
Cardenal Torquemada, s/n
47010 Valladolid, Spain
E-mail: fsas@telefonica.net

Manuscript received July 17, 2007. Accepted for publication July 24, 2007.

Arch Bronconeumol. 2008;44(8):449-50 449
PaCO₂ of 75 mmHg, and bicarbonate (HCO₃⁻) of 24 mEq/L. Biochemistry values were normal, except glucose (111 mg/dL), uric acid (7.2 mg/dL), and alanine aminotransferase (66 U/L). A complete blood count showed a red blood cell count of 5 500 000 cells/mL; other parameters were normal in all 3 series. Calcium and phosphorous metabolism values were normal. Analysis of thyroid hormones showed the following values: thyroxine, 0.74 ng/dL; thyrotropic hormone, 4.2 mU/L; zinc, 127 μg/dL; copper, 65 μg/dL; 25-OH vitamin D₃, 14.3 pg/mL. The other parameters were normal. Chest x-ray showed no significant abnormalities.

The patient underwent a distal gastrectomy and biliopancreatic diversion (Scopinaro technique). Intubation presented no difficulty during surgery and there were no complications. Six hours after surgery, the patient began to present dyspnea and intense tachypnea, and arterial blood gas analysis showed a pH of 7.24, PaCO₂ of 78 mm Hg, and PaO₂ of 53 mm Hg. The patient required admission to the postoperative recovery unit and noninvasive bilevel positive airway pressure and oxygen therapy were instated with good clinical and arterial blood gas response. Arterial blood gases were normal on discharge. The patient continued using nasal continuous positive airway pressure at home. Polysomnography later detected 96 obstructive apneas and 179 hypopneas, for an apnea-hypopnea index of 42. Oxygen saturation at the beginning of the study was 94%; minimum oxygen saturation was 80%; the desaturation index was 3% (58 events/h), and remained 16% below 90% oxygen saturation.

Discussion

Few published studies have evaluated postoperative complications in patients with SAHS. In a controlled case study of patients undergoing knee or hip surgery, Gupta et al. found that 24% of patients diagnosed with SAHS and only 9% of controls developed complications. The complications described included a higher number of unscheduled admissions to intensive care, longer mean stays in hospital, greater risk of obstruction of the upper airway after extubation, more severe oxygen desaturation than in the general population, greater risk of atrial fibrillation, and even cardiopulmonary arrest.6-8

In the case of our patient, the prior absence of lung disease, a medical history indicative of SAHS, onset of respiratory failure immediately after surgery, and the good response to positive airway pressure suggested a diagnosis of SAHS; this diagnosis was subsequently confirmed by the polysomnography. Initiating positive airway pressure and oxygen therapy in the initial stages resolved the respiratory failure in this patient.

Positive airway pressure—whether continuous or bilevel—is the treatment of choice in this situation,9-11 though there are very few controlled trials of its efficacy. There is a lack of consensus regarding the use of noninvasive ventilation through a nasal mask in patients undergoing bariatric surgery, due to the risk of leaks or ruptures. A recent study,12 however, showed that nasal continuous positive airway pressure does not appear to contribute to these complications. In patients diagnosed with SAHS who are scheduled for surgery, this treatment prior to surgery and in the days following the operation can prevent the appearance of more complications than in the general population, even if these patients receive morphine.5,13

The literature provides no data to indicate how long before surgery such treatment should begin. Some authors suggest a period of at least 4-6 weeks before scheduled surgery,9,11 in order to prevent edema of the upper airway and associated complications, thus allowing the patient to adapt correctly. Positive airway pressure, whether continuous or bilevel, should be restarted immediately after surgery. In patients undergoing bariatric surgery, the presence of respiratory disturbances during sleep should be reassessed once the patient has lost a considerable amount of weight, in order to evaluate the clinical results and the need to continue with nasal positive airway pressure as well as to retitrate to establish the optimal level of pressure if necessary.9,11

REFERENCES